

Spring/Summer		JUNE 2026		HYDE PARK-LIVING JOY		Regular - Week 2	
Meal	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5	6
B R E A K F A S T	Orange Juice Pancakes & Banana Slices w/ Topping Syrup Margarine Bacon Milk Coffee/Tea/Water	Cranberry Juice Scrambled Eggs Hash brown potatoes. Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Grape Juice Veggie Omelet w/cheese Sausage Links Fresh Apple Slices Toast w/ Margarine or Jelly Milk Coffee/Tea/Water	Apple Juice Egg Scramble (Turkey/onion/diced tomato) Sausage Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Orange Juice Waffles w/ Strawberries & Bananas Bacon Syrup Margarine Milk Coffee/Tea/Water	Cranberry Juice Breakfast Sandwich Ham, Egg, Cheese Yogurt Fresh Sliced Melon Margarine Milk Coffee/Tea/Water	Grape Juice Oatmeal W/ Apples & Raisins Yogurt Whole Wheat Toast Margarine Milk Coffee/Tea/Water
L U N C H	Ham with Pineapple Baked Sweet Potatoes Broccoli Carrots raisin salad Dinner Roll Margarine Coconut Cream Pie Coffee/Tea/Water Chefs Choice:	Baked Macaroni & Cheese Green Beans Tossed Salad Dinner Roll Margarine Ice Cream Sundae Coffee/Tea/Water Chefs Choice:	Sweet & Sour Chicken White Rice Stir Fry Vegetables Cottage Cheese Whole Wheat Bread Margarine Cherry Cobbler w/topping Coffee/Tea/Water Chefs Choice:	Roast Beef & Gravy Mashed Potatoes Broccoli w/ Cheese Cucumber, Tomato & Onion Salad Whole Wheat Bread Margarine Key Lime Pie Coffee/Tea/Water Chefs Choice:	Grilled BBQ Ribs Pasta Salad Corn on Cob Tossed Salad Mixed Fresh Fruit Dinner roll Margarine Coffee/Tea/Water Chefs Choice:	Fish Vera Cruize Cheesy Potatoes Tossed Salad California Blend Vegetables Dinner Roll Margarine Pound Cake & Topping Coffee/Tea/Water Chefs Choice:	Goulash Green beans Tossed salad Garlic bread Cupcake w/frosting Coffee/Tea/Water Chefs Choice:
D I N N E R	Bean Soup Saltines Grilled Chicken on Bun (Lettuce, Tomato, Mayo) Peanut Butter Mousse Milk Coffee/Tea/Water Chefs Choice:	Hot Dog (Cut through middle ½) Baked Beans Potato Salad Cookie Milk Coffee/Tea/Water Chefs Choice:	Minestrone Soup Saltines Tuna Sandwich Pineapple Chunks Peanut Butter Crispy Milk Coffee/Tea/Water Chefs Choice:	BBQ Pork Sandwich Macaroni Salad Green Beans Chocolate Pudding w/ Topping Milk Coffee/Tea/Water Chefs Choice:	Beef & Cheddar on Onion Bun French Fries Blueberries & Strawberries Ice Cream Milk Coffee/Tea/Water Chefs Choice:	Homemade Chicken Soup Grilled Turkey & Cheese Sandwich Potato Salad Jell-O Milk Coffee/Tea/Water Chefs Choice:	Sloppy Joes Tator Tots Green Beans Sherbert Milk Coffee/Tea/Water Chefs Choice:

These menus represent a low sodium / low cholesterol diet. For ADA diets refer to the Healthy Diet Meal Plan to make your alterations.

Revised April 2013

Bread serving size should be a half slice of bread or offer bread by passing out bread in a bread basket. MUST PICK ONE LUNCH MEAL PER WEEK TO GRILL AND EAT OUTSIDE WITH THE RESIDENTS.

Spring & Summer		JUNE 2026		HYDE PARK-LIVING JOY		Regular - Week 3	
Meal	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7	8	9	10	11	12	13
B R E A K F A S T	Orange Juice Pancakes Syrup Margarine Apple sauce Sausage Milk Coffee/Tea/Water	Cranberry Juice Scrambled Eggs Hash brown potatoes. Strawberries & Bananas Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Grape Juice Oatmeal Brown sugar & Raisins Bananas Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Apple Juice Breakfast Casserole Bacon Banana Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Cranberry Juice Waffles Strawberries & Topping Sausage Syrup Margarine Milk Coffee/Tea/Water	Orange Juice Cold Cereal Bananas Pastry Margarine Milk Coffee/Tea/Water	Apple Juice Biscuits w/honey Sausage Gravy over Cheese Omelet Hash browns. Fruit Milk Coffee/Tea/Water
L U N C H	Baked Chicken Mashed Potatoes w/Gravy Zucchini Dinner Roll Margarine Apple Pie w/ Topping Coffee/Tea/Water Chefs Alternate:	Baked Spaghetti Meat sauce and Mozzarella Cheese Dinner Roll Garlic Toast Tossed Salad Green Beans Cherry Crisp Coffee/Tea/Water Chefs Alternate:	Oriental Pepper Steak Tossed Salad Rice Dinner Roll Margarine Banana Cream Pie Coffee/Tea/Water Chefs Alternate:	Pork Chops Scallop Potatoes Tossed Salad Garden Blend Vegetables Dinner Roll Margarine Peach Cobbler Coffee/Tea/Water Chefs Alternate:	Grilled BBQ Chicken Potato Salad Corn on the Cob Dinner Roll Sliced Tomatoes Bread & Margarine Frosted Cake Coffee/Tea/Water Chefs Alternate:	Baked Fish Tartar Sauce Rice Pilaf Cole Slaw Whole Wheat Bread Margarine Blueberry Pie and Ice Cream Coffee/Tea/Water Chefs Alternate:	Beef Stroganoff Buttered Noodles Summer Squash Whole Wheat Bread Margarine Sliced Pound Cake Coffee/Tea/Water Chefs Alternate:
D I N N E R	Chunky Vegetable Soup Saltines Egg Salad on croissant Three Bean Salad Pudding w/ Topping Milk Coffee/Tea/Water Chefs Alternate:	Grilled Cheese Chips Coleslaw Pickle Spear Frosted Brownie Milk Coffee/Tea/Water Chefs Alternate:	Cheeseburger Lettuce, Tomato & Onion Mustard- Mayo-Ketchup French Fries Fresh Sliced Pears Berry Shortcake Milk Coffee/Tea/Water Chefs Alternate:	Chunky Tomato Soup Saltines Turkey Sandwich (Lettuce, Tomato, Mayo) Cantaloupe/Blueberries Yogurt parfait Milk Coffee/Tea/Water 6 Chefs Alternate:	Corn beef Rubeen Cottage Cheese Fresh Fruit Ice Cream Milk Coffee/Tea/Water Chefs Alternate:	Toasted BLT (Bacon Lettuce Tomato) Chips Mayonnaise Green Beans Brownies Milk Coffee/Tea/Water Chefs Alternate:	Beef Barley Soup Saltine Crackers Chef Salad (Ham, Turkey, Onion, Cheese, Tomato, Cucumber, Gr. Pepper) Fresh Fruit Mix Cookies Milk Coffee/Tea/Water Chefs Alternate:

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Revised May 2014

SPRING & SUMMER		JUNE 2026		HYDE PARK-LIVING JOY			Regular - Week 4	
Meal	Sunday 14	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	
B R E A K F A S T	Orange Juice Pancakes Syrup Margarine Apple sauce Sausage Milk Coffee/Tea/Water	Cranberry Juice Scrambled Eggs Hash brown potatoes. Grapefruit Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Grape Juice Oatmeal Brown sugar & Raisins Bananas Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Apple Juice Sausage Gravy & Biscuit Bacon Mandarin Oranges Jelly & Margarine Milk Coffee/Tea/Water	Orange Juice Toasted BELT Sandwich <small>(Bacon, Egg, Lettuce, Tomato, Mayo)</small> Warm Cinnamon Applesauce Margarine Milk Coffee/Tea/Water	Cranberry Juice French toast Sticks Bacon Strawberries / blueberries Danish Margarine Milk Coffee/Tea/Water	Grape Juice Ham & Cheese Omelet Hash browns Banana Toast / butter / jelly Milk Coffee/Tea/Water	
L U N C H	Beef Pot Roast Mashed Potatoes Carrots & Onions Brown Gravy Fresh Baked Roll Strawberry Pie & Topping Coffee/Tea/Water	Chicken Fettuccini Broccoli Tossed Salad Cottage Cheese/Peaches Whole Wheat Bread Margarine Apple Cobbler Coffee/Tea/Water	Meat Balls & Gravy Cheesy Potatoes Peas & Carrots Tossed Salad Dinner Roll Margarine Cheesecake & Blueberries Coffee/Tea/Water	Ravioli w/Sauce Corn Tossed Salad Whole Wheat Bread Margarine Cupcakes Coffee/Tea/Water	Hot Dogs on a Bun (Cut in half long way) Pasta Salad Baked Beans Cole Slaw Jell-O Cake Coffee/Tea/Water	Salmon with dill sauce Rosemary redskin potatoes Green Beans Tossed Salad Dinner Roll Margarine Chocolate Cream Pie Coffee/Tea/Water	Cordon on Bleu Chicken Baked Potato w/sour cream. Spinach Tossed Salad Fresh Baked Roll Margarine Raspberry Pie Coffee/Tea/Water	
D I N N E R	Chicken Salad Sandwich Sliced Tomato Tatar Tots Fresh Fruit Mix Pudding Milk Coffee/Tea/Water	Beef Stew Corn Bread Margarine & Honey Cottage Cheese w/ Pineapple Brownie Cake w/frosting Milk Coffee/Tea/Water	Pizza w/ Veggies Green Beans Tossed Salad Vanilla Ice Cream & Strawberries w/ Chocolate Sauce Milk Coffee/Tea/Water	Egg Salad on Croissant lettuce tomato slice French Fries Strawberries/Blueberries Cookies Milk Coffee/Tea/Water	Grilled Ham and Cheese Sandwich Potato Chips Glazed Carrots Pudding w/ Topping Milk Coffee/Tea/Water	Sloppy Joe Tater Tots Three Bean Salad Cherry Fluff Milk Coffee/Tea/Water	Cold plate Tuna/lettuce/tomato Cottage cheese Snack crackers/cube cheese. Clam Chowder Saltines Coconut Cake Milk	

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Revised May 2014

Spring/Summer		JUNE 2026		HYDE PARK-LIVING JOY			Regular - Week 1	
Meal	Sunday 21	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	
B R E A K F A S T	Orange Juice Blueberry Pancakes Syrup & Whipped Topping Margarine Fresh Strawberries Sausage Milk Coffee/Tea/Water	Cranberry Juice Scrambled Eggs Hash brown potatoes. Bacon Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Grape Juice Mushroom/Swiss Omelet Bacon Banana Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Apple Juice Breakfast Casserole Sausage Fresh Blueberries & Banana Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Orange Juice French toast Banana Foster Whipped Topping Sausage Syrup Margarine Milk Coffee/Tea/Water	Cranberry Juice Egg Scramble (Onion, Gr.Pepper, Ham & Mushroom) Banana Fresh Baked Muffin Margarine Milk Coffee/Tea/Water	Grape Juice Cinnamon Apple Oatmeal Apple Slices Toast w/margarine Yogurt w/ Blueberries Milk Coffee/Tea/Water	
L U N C H	Roast Turkey Stuffing Gravy Cranberry Sauce Mixed Vegetables Fresh Baked Roll Margarine PUMPKIN w/Topping Coffee/Tea/Water Chefs Alternate	Grilled Pork Scalloped Potatoes Broccoli Toss Salad Dinner Roll Margarine Cheese cake w/ Strawberries Coffee/Tea/Water Chefs Alternate	Marinated Chicken Breast Rice Pilaf w/ Gravy Beets Tossed Salad Dinner Roll Margarine Apple Crisp w/ Topping Coffee/Tea/Water Chefs Alternate	Meatloaf Mashed Potatoes/GRAVY Buttered Peas Tossed Salad 'Whole Wheat Bread Margarine Angel Cake with Fruit Coffee/Tea/Water Chefs Alternate	Grilled Hamburgers Cheese Slice Tomato, Lettuce, Onion Ketchup, Mustard, Mayo Baked Beans Potato Salad Corn Watermelon Coffee/Tea/Water Chefs Alternate	Lemon Baked Tilapia Rice w/Gravy Green Beans Coleslaw Whole Wheat Bread Margarine JELLO-CAKE Coffee/Tea/Water Chefs Alternate	BBQ Chicken Breast Potato Salad Carrots Baked Beans Tossed Salad Dinner Roll Margarine Frosted Cake Coffee/Tea/Water Chefs Alternate	
D I N N E R	Turkey Noodle Soup w/ Saltines Grilled Cheese Sandwich Chips Fresh Fruit Salad Cookies Milk Coffee/Tea/Water Chefs Alternate:	Tuna Salad Sandwich Potato Chips Cole Slaw Peaches Orange Sherbet Milk Coffee/Tea/Water Chefs Alternate:	Chicken Rice Soup Saltines Turkey & Cheese Sandwich Cottage Cheese with fruit Vanilla Ice Cream Milk Coffee/Tea/Water Chefs Alternate:	Chicken Salad on Croissant Tomato Basil Soup Saltine Crackers Cinnamon Apple Sauce Strawberries & Cream Milk Coffee/Tea/Water Chefs Alternate:	Chicken White Bean Chili Corn Bread Fresh Fruit Margarine & Honey Chocolate Pudding w/ Topping Milk Coffee/Tea/Water Chefs Alternate:	Cheese Pizza w/ ham or pepperoni, and mushrooms and green pepper or Antipasto Salad Mandarin Oranges Jell-O w/Topping Milk Coffee/Tea/Water Chefs Alternate:	Cheesy Potato Soup Saltines Ham Sandwich w/ Lettuce and Tomato Fresh Pear Halves Lemon Bars Milk Coffee/Tea/Water Chefs Alternate:	

Spring/Summer		JUNE 2026		HYDE PARK-LIVING JOY			Regular - Week 2	
Meal	Sunday 28	Monday 29	Tuesday 30	Wednesday	Thursday	Friday	Saturday	
B R E A K F A S T	Orange Juice Pancakes & Banana Slices w/ Topping Syrup Margarine Bacon Milk Coffee/Tea/Water	Cranberry Juice Scrambled Eggs Hash brown potatoes. Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Grape Juice Veggie Omelet w/cheese Sausage Links Fresh Apple Slices Toast w/ Margarine or Jelly Milk Coffee/Tea/Water	Apple Juice Egg Scramble (Turkey/onion/diced tomato) Sausage Whole Wheat Toast Jelly & Margarine Milk Coffee/Tea/Water	Orange Juice Waffles w/ Strawberries & Bananas Bacon Syrup Margarine Milk Coffee/Tea/Water	Cranberry Juice Breakfast Sandwich Ham, Egg, Cheese Yogurt Fresh Sliced Melon Margarine Milk Coffee/Tea/Water	Grape Juice Oatmeal W/ Apples & Raisins Yogurt Whole Wheat Toast Margarine Milk Coffee/Tea/Water	
L U N C H	Ham with Pineapple Baked Sweet Potatoes Broccoli Carrots raisin salad Dinner Roll Margarine Coconut Cream Pie Coffee/Tea/Water Chefs Choice:	Baked Macaroni & Cheese Green Beans Tossed Salad Dinner Roll Margarine Ice Cream Sundae Coffee/Tea/Water Chefs Choice:	Sweet & Sour Chicken White Rice Stir Fry Vegetables Cottage Cheese Dinner Roll Whole Wheat Bread Margarine Cherry Cobbler w/topping Coffee/Tea/Water Chefs Choice:	Roast Beef & Gravy Mashed Potatoes Broccoli w/ Cheese Cucumber, Tomato & Onion Salad Whole Wheat Bread Margarine Key Lime Pie Coffee/Tea/Water Chefs Choice:	Grilled BBQ Ribs Pasta Salad Corn on Cob Tossed Salad Mixed Fresh Fruit Dinner roll Margarine Coffee/Tea/Water Chefs Choice:	Fish Vera Cruize Cheesy Potatoes Tossed Salad California Blend Vegetables Dinner Roll Margarine Pound Cake & Topping Coffee/Tea/Water Chefs Choice:	Goulash Green beans Tossed salad Garlic bread Cupcake w/frosting Coffee/Tea/Water Chefs Choice:	
D I N N E R	Bean Soup Saltines Grilled Chicken on Bun (Lettuce, Tomato, Mayo) Peanut Butter Mousse Milk Coffee/Tea/Water Chefs Choice:	Hot Dog (Cut through middle ½) Baked Beans Potato Salad Cookie Milk Coffee/Tea/Water Chefs Choice:	Minestrone Soup Saltines Tuna Sandwich Pineapple Chunks Peanut Butter Crispy Milk Coffee/Tea/Water Chefs Choice:	BBQ Pork Sandwich Macaroni Salad Green Beans Chocolate Pudding w/ Topping Milk Coffee/Tea/Water Chefs Choice:	Beef & Cheddar on Onion Bun French Fries Blueberries & Strawberries Ice Cream Milk Coffee/Tea/Water Chefs Choice:	Homemade Chicken Soup Grilled Turkey & Cheese Sandwich Potato Salad Jell-O Milk Coffee/Tea/Water Chefs Choice:	Sloppy Joes Tator Tots Green Beans Sherbert Milk Coffee/Tea/Water Chefs Choice:	

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