



Week At A Glance

Week 1

May Northern Pines AL Menu

Fri 05/01/2026 (Day 1)	Sat 05/02/2026 (Day 2)	Sun 05/03/2026 (Day 3)	Mon 05/04/2026 (Day 4)	Tue 05/05/2026 (Day 5)	Wed 05/06/2026 (Day 6)	Thu 05/07/2026 (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Egg Toast Breakfast Meat of Choice Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Choice of Egg Toast Breakfast Meat of Choice Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Choice of Egg Toast Breakfast Meat of Choice Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Choice of Egg Toast Breakfast Meat of Choice Seasonal Fruit Cup Choice of Hot or Cold Cereal Assorted Juice Milk/Coffee/Tea	Choice of Egg Toast Breakfast Meat of Choice Seasonal Fruit Cup Choice of Hot or Cold Cereal Assorted Juice Milk/Coffee/Tea	Choice of Egg Toast Breakfast Meat of Choice Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Egg of Choice Toast Breakfast Meat of Choice Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Bacon Meatloaf Scalloped Potatoes Sautéed Broccoli Florets Bread or Roll with Margarine Assorted Cookies Milk, Whole	Turkey Tetrazzini Red Bliss Potatoes Seasoned Green Peas Bread or Roll with Margarine Assorted Pudding Milk, Whole	Pork Cutlet with Sour Cream Sauce Buttered Corn Buttered Egg Noodles Bread or Roll with Margarine Gelatin Milk, Whole	Salisbury Steak Yams (A) Fresh Green Beans Bread or Roll with Margarine Brownie Milk, Whole	Baked Ziti with Marinara Sauce Cottage Cheese Garden Salad with Dressing Bread or Roll with Margarine Assorted Cookies Milk, Whole	Seasoned Rice Bread or Roll with Margarine Baby Carrots (A) Assorted Pudding Milk, Whole Pepperoni Pizza	Herb Roasted Chicken Roasted Sweet Potatoes (A) Peas Bread or Roll with Margarine Gelatin Milk, Whole
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Albacore Tuna Salad Sandwich Baked Potato Chips Classic Macaroni Salad Marinated Tomatoes and Cucumbers Fruit Cocktail Milk/Coffee/Tea	Ravioli Bake Fresh Fruit Salad Bread or Roll with Margarine Buttered Corn Diced Pears Milk/Coffee/Tea	Hamburger on Bun Baked Potato Salad Dill Pickle Spear Cottage Cheese Diced Peaches Milk/Coffee/Tea	Chicken Tenders Tater Tots Carrots (A) Applesauce Milk/Coffee/Tea	Kielbasa Sausage Mashed Potatoes Baked Beans Bread or Roll with Margarine Mandarin Oranges Milk/Coffee/Tea	Deli Ham Sandwich Mixed Green Salad with Dressing Garden Pasta Salad Fruit Cocktail Milk/Coffee/Tea	Braised Beef Tips Cottage Cheese Cauliflower Bread or Roll with Margarine Banana Strawberry Cup Milk/Coffee/Tea

Menu is subject to change at anytime

Menu items shown are for the **Regular Diet**. If a **Therapeutic** or **Texture Altered Diet** is ordered, you may be served a different portion or food item to comply with diet order.



Week At A Glance

Week 2

May Northern Pines AL Menu

Fri 05/08/2026 (Day 8)	Sat 05/09/2026 (Day 9)	Sun 05/10/2026 (Day 10)	Mon 05/11/2026 (Day 11)	Tue 05/12/2026 (Day 12)	Wed 05/13/2026 (Day 13)	Thu 05/14/2026 (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Egg Breakfast Meat of Choice Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Choice of Egg Breakfast Meat of Choice Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Choice of Egg Breakfast Meat of Choice Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Choice of Egg Breakfast Meat of Choice Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Choice of Egg Breakfast Meat of Choice Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Choice of Egg Breakfast Meat of Choice Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea	Choice of Egg Breakfast Meat of Choice Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Savory Roasted Pork Loin Seasoned New Potatoes Lima Beans Bread or Roll with Margarine Chocolate Pudding Milk, Whole	Lasagna Marinated Tomatoes and Cucumbers Cottage Cheese Bread or Roll with Margarine Double Chocolate Chip Cookies Milk, Whole	BBQ Chicken Buttered Carrots (A) Buttermilk Mashed Potatoes Bread or Roll with Margarine Peanut Butter Cookies Milk, Whole	Baked Chicken Herbed Rice Bread or Roll with Margarine Ice Cream Milk, Whole	Beef Ravioli with Sauce Tossed Green Salad with Dressing Bread or Roll with Margarine Cookie Milk, Whole	Breaded Fish Fillet Yams (A) Coleslaw Bread or Roll with Margarine Banana Pudding Milk, Whole	Beef Stroganoff Buttered Corn Bread or Roll with Margarine Gelatin Orange Delight Milk, Whole
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Classic Turkey Sandwich Macaroni Salad Potato Salad Mandarin Oranges Milk/Coffee/Tea	Tuna Macaroni Casserole Buttermilk Mashed Potatoes Buttered Peas Bread or Roll with Margarine Diced Pears Milk/Coffee/Tea	Pub Style Fish and Chips Cottage Cheese Bread or Roll with Margarine Tater Tots Fruit Cocktail Milk/Coffee/Tea	Stuffed Cabbage Rolls Buttered Cauliflower Sliced Tomatoes Bread or Roll with Margarine Milk/Coffee/Tea	Sloppy Joe on Bun Potato Chips Coleslaw Diced Peaches Bread or Roll with Margarine Milk/Coffee/Tea	Chicken Tenders Mixed Vegetables Bread or Roll with Margarine Cottage Cheese Milk/Coffee/Tea	Beef Taco Salad Diced Pears Bread or Roll with Margarine Milk/Coffee/Tea

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Week At A Glance

May Northern Pines AL Menu

Fri 05/15/2026 (Day 15)	Sat 05/16/2026 (Day 16)	Sun 05/17/2026 (Day 17)	Mon 05/18/2026 (Day 18)	Tue 05/19/2026 (Day 19)	Wed 05/20/2026 (Day 20)	Thu 05/21/2026 (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Eggs Toast with Butter or Margarine Choice of Hot or Cold Cereal Fruit Medley Salad Assorted Juice Milk/Coffee/Tea	Choice of Eggs Toast with Butter or Margarine Choice of Hot or Cold Cereal Fruit Medley Salad Assorted Juice Milk/Coffee/Tea	Choice of Eggs Toast with Butter or Margarine Choice of Hot or Cold Cereal Fruit Medley Salad Assorted Juice Milk/Coffee/Tea	Choice of Egg Toast with Butter or Margarine Choice of Hot or Cold Cereal Fruit Medley Salad Assorted Juice Milk/Coffee/Tea	Choice of Eggs Toast with Butter or Margarine Choice of Hot or Cold Cereal Fruit Medley Salad Assorted Juice Milk/Coffee/Tea	Choice of Eggs Toast with Butter or Margarine Choice of Hot or Cold Cereal Fruit Medley Salad Assorted Juice Milk/Coffee/Tea	Choice of Eggs Toast with Butter or Margarine Choice of Hot or Cold Cereal Fruit Medley Salad Assorted Juice Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Honey Glazed Turkey Mashed Potatoes Baked Tomato Bread or Roll with Margarine Assorted Cookies 2% Milk	BBQ Pulled Pork Buttered Peas Oven Roasted Potatoes Bread or Roll with Margarine Fruit Medley Salad 2% Milk	Salisbury Steak Buttermilk Mashed Potatoes Zucchini & Yellow Squash Bread or Roll with Margarine Banana Pudding 2% Milk	Lasagna French Cut Green Beans Cottage Cheese Bread or Roll with Margarine Assorted Cookies 2% Milk	Baked Chicken Buttered Rice Garden Salad with Dressing Bread or Roll with Margarine Gelatin 2% Milk	Breaded Fish Fillet Buttered Egg Noodles Seasoned Carrots (A) Bread or Roll with Margarine Assorted Pudding 2% Milk	Hamburger on Bun Peas Potato Salad Bread or Roll with Margarine Assorted Cookies 2% Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Spaghetti Cottage Cheese Chopped Green Salad Bread or Roll with Margarine Fruit of the Day Milk/Coffee/Tea	Chicken Pot Pie Buttered Peas & Carrots Bread or Roll with Margarine Fruit of the Day Banana Strawberry Cup Milk/Coffee/Tea	Crispy Pork Cutlet Buttermilk Mashed Potatoes Broccoli (A) Bread or Roll with Margarine Fruit of the Day Milk/Coffee/Tea	Classic Turkey Sandwich Baked Potato Chips Creamy Cucumber Salad Bread or Roll with Margarine Fruit of the Day Milk/Coffee/Tea	Homestyle Meatloaf Buttermilk Mashed Potatoes Mixed Green Salad w/Dressing Fruit of the Day Bread or Roll with Margarine Milk/Coffee/Tea	Cheese Pizza Garden Salad with Dressing Marinated Cauliflower with Crisp Greens Bread or Roll with Margarine Fruit of the Day Milk/Coffee/Tea	Grilled Cheese Sandwich Macaroni Salad Coleslaw Bread or Roll with Margarine Seasonal Fruit Cup Choice of Beverage

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Week At A Glance

Week 4

May Northern Pines AL Menu

Fri 05/22/2026 (Day 22)	Sat 05/23/2026 (Day 23)	Sun 05/24/2026 (Day 24)	Mon 05/25/2026 (Day 25)	Tue 05/26/2026 (Day 26)	Wed 05/27/2026 (Day 27)	Thu 05/28/2026 (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg of Choice Breakfast Meat of Choice Toast with Butter or Margarine Seasonal Fruit Cup Choice of Hot or Cold Cereal Apple Slices Milk, Whole Assorted Juice	Egg of Choice Toast with Butter or Margarine Breakfast Meat of Choice Choice of Hot or Cold Cereal Apple Slices Milk, Whole Assorted Juice	Egg of Choice Toast with Butter or Margarine Breakfast Meat of Choice Choice of Hot or Cold Cereal Milk, Whole Apple Slices Assorted Juice	Biscuit & Sausage Gravy Egg of Choice Toast with Butter or Margarine Seasonal Fruit Cup Choice of Hot or Cold Cereal Milk, Whole Yogurt Assorted Juice	Egg of Choice Toast with Butter or Margarine Breakfast Meat of Choice Seasonal Fruit Cup Choice of Hot or Cold Cereal Milk, Whole Yogurt Assorted Juice	Egg of Choice Toast with Butter or Margarine Breakfast Meat of Choice Apple Slices Choice of Hot or Cold Cereal Milk, Whole Yogurt Assorted Juice	Biscuit & Sausage Gravy Egg of Choice Toast with Butter or Margarine Seasonal Fruit Cup Choice of Hot or Cold Cereal Milk, Whole Yogurt Assorted Juice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Chicken Thigh Mashed Potatoes Spinach (A) Bread or Roll with Margarine Ice Cream Milk, Whole	Braised Pork Roast Au Gratin Potatoes Whole Green Beans Bread or Roll with Margarine Milk, Whole Chocolate Pudding	Ham & Swiss Wrap Garden Pasta Salad Cucumber and Tomato Salad Potato Chips Milk, Whole Banana Pudding	Chuckwagon Steak with Gravy Seasoned Fresh Broccoli Florets Mashed Potatoes Bread or Roll with Margarine Milk, Whole Ice Cream	Chicken Tenders Hidden Valley Ranch Salad Creamy Potato Salad Mixed Green Salad with Dressing Assorted Cookies Milk, Whole Bread or Roll with Margarine	Pepperoni Pizza Coleslaw Breadstick Brownie Milk, Whole	Parmesan Breaded Pork Chops Buttered Corn Yams (A) Bread or Roll with Margarine Assorted Cookies Milk, Whole
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cheeseburger Casserole Broccoli (A) Bread or Roll with Margarine Cantaloupe (A) Milk, Whole	Chef's Salad with Ham Hidden Valley Ranch Salad Cottage Cheese Dinner Roll / Margarine Fruit of the Day Milk, Whole	Chicken Sandwich Baked Potato Chips Pickle Spear Cottage Cheese Fruit of the Day Milk, Whole	Macaroni and Cheese with Ham Mixed Green Salad with Dressing Bread or Roll with Margarine Cantaloupe (A) Milk, Whole	Stuffed Bell Peppers Buttered Corn Cottage Cheese Fruit of the Day Bread or Roll with Margarine Milk, Whole	Catch of the Day Tater Tots Ketchup Green Beans Bread or Roll with Margarine Fruit of the Day Milk, Whole	Turkey Tetrastini Garden Salad with Dressing Bread or Roll with Margarine Fruit of the Day Milk, Whole

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Week At A Glance

Week 5

May Northern Pines AL Menu

Fri 05/29/2026 (Day 29)	Sat 05/30/2026 (Day 30)	Sun 05/31/2026 (Day 31)	Mon 06/01/2026 (Day 32)	Tue 06/02/2026 (Day 33)	Wed 06/03/2026 (Day 34)	Thu 06/04/2026 (Day 35)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Eggs Breakfast Meat of Choice Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Apples & Bananas Milk, Whole	Choice of Eggs Breakfast Meat of Choice Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Apples & Bananas Milk, Whole	Choice of Eggs Toast with Butter or Margarine Choice of Hot or Cold Cereal Seasonal Fruit Cup Assorted Juice Milk, Whole				
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cheeseburger on Bun Green Beans Tater Tots Bread or Roll with Margarine Milk, Whole Chocolate Cake	Lasagna Buttered Corn Coleslaw Peanut Butter Cookie Milk, Whole	Parmesan Breaded Pork Chops Sour Cream and Chive Mashed Potatoes Bread or Roll with Margarine Double Chocolate Cookies Milk, Whole				
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Penne Pasta with Meat Sauce Tossed Green Salad with Dressing Bread or Roll with Margarine Fruit of the Day Milk, Whole	Sliced Roast Turkey Sauteed Zucchini and Onion Baked Beans Bread or Roll with Margarine Fruit of the Day Milk, Whole	Beef Chili Crackers Fruit of the Day Milk, Whole				

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