



	Sun 05-31-2026	Mon 06-01-2026	Tue 06-02-2026	Wed 06-03-2026	Thu 06-04-2026	Fri 06-05-2026	Sat 06-06-2026
B R E A K F A S T	Peaches and Cream Baked Oatmeal Egg of Choice Fresh Fruit 100% Juice	Denver Omelet Fresh Fruit 100% Juice Whole Grain Toast	Fluffy Pancakes Egg of Choice Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Egg of Choice Fresh Fruit 100% Juice	Brown Sugar French Toast Egg of Choice Fresh Fruit 100% Juice	Bagel and Cream Cheese Egg of Choice Fresh Fruit 100% Juice	Egg and Cheese Biscuit Yogurt Fresh Fruit 100% Juice
L U N	Ranch Chicken Classic Mashed Potatoes Country Trio Medley Baked Roll Fruit Cobbler	Four Cheese Ziti Angel Hair Pasta Italian Peas Baked Roll Chocolate Peanut Butter Cake	Braised Beef Tips Seasoned Rice Yellow Squash and Onions Baked Roll Lemon Pudding	Classic Meatloaf Cornbread Dressing Roasted Cauliflower and Carrots Baked Roll Frosted Sugar Cookie	Slow Cooked Ham AuGratin Potatoes Seasoned Broccoli Baked Roll Ice Cream Sundae	Hawaiian Meatballs Aloha Sweet Potatoes Stir-Fry Vegetables Baked Roll Pineapple Cake	Grilled Lemon Chicken Greek Potatoes Herb Roasted Tomatoes Baked Roll Mint Brownie
D I N	Egg Salad Sandwich Pineapple Chunks Marinated Tomatoes Chips	Beef Noodle Soup Watermelon Salad Honey Glazed Carrots French Fries	Grilled Ham and Cheese Sandwich Orange Slices Broccoli Salad Herb Biscuits	Classic Turkey Sandwich Pear Fruit Medley Green Beans Garlic French Bread	Sloppy Joes Peaches Vegetable Medley Oven Fried Potatoes	Ham and Swiss Slider Cantaloupe Apple Coleslaw French Fries	Meat Supreme Pizza Grapes Green Salad Pan Breadsticks
Milk offered at every meal							Week 3

Dietitian's Signature:

Gioa Walsh
4-1-26 # 997564



	Sun 06-07-2026	Mon 06-08-2026	Tue 06-09-2026	Wed 06-10-2026	Thu 06-11-2026	Fri 06-12-2026	Sat 06-13-2026
B R E A K F A S T	Scrambled Egg and Bacon Fresh Fruit 100% Juice Whole Grain Toast	Perfect Pancakes Sausage Link Fresh Fruit 100% Juice	Chef's Choice Omelet Hash Browns Fresh Fruit 100% Juice	French Toast Sticks Bacon Fresh Fruit 100% Juice	Sausage Biscuit Egg of Choice Fresh Fruit 100% Juice	Banana Nut Muffin Egg of Choice Fresh Fruit 100% Juice	Ham Egg and Cheese Casserole Fresh Fruit 100% Juice Whole Grain Toast
L U N	Baked Ham Homestyle Stuffing Mandarin Oranges Baby Carrots Baked Roll Ice Cream	Classic Lasagna Garden Green Salad Garlic Bread Raspberry Crumb Cake	BBQ Chicken Thigh Mashed Yams Green Beans Baked Roll Peach Cobbler	Shrimp with Lemon Aioli Sauce Garlic Mashed Potatoes Fresh Asparagus Baked Roll Strawberry Cheesecake	Skillet Beef Patty with Gravy Parsley Noodles Sauteed Carrots Baked Roll Key Lime Trifle	Chicken Alfredo Pasta Rice Pilaf Steamed Broccoli Baked Roll Caramel Cake	Baby Back Pork Ribs Southern Baked Beans Corn on the Cob Baked Roll White Poke Cake
D I N	Chicken Enchiladas Fruit Medley Roasted Zucchini Pinto Beans	Cheese Salad Sandwich Frozen Fruit Dessert Summer Carrot Salad	Turkey Pot Pie Watermelon Pickle Spear French Bread	Sweet and Sour Pork Pineapple Chunks Stir-Fry Vegetables Rice	Deli Swiss Sandwich Assorted Fruit Tomato Soup Chips	Cheese Quesadilla Citrus Banana Salad Mexican Roasted Vegetables Tortilla Chips and Salsa	Bratwurst on a Bun Honeydew Soup Du Jour German Potato Salad
Milk offered at every meal							Week 4

Dietitian's Signature:

Gioa Walsh
4-1-26 # 997564



	Sun 06-14-2026	Mon 06-15-2026	Tue 06-16-2026	Wed 06-17-2026	Thu 06-18-2026	Fri 06-19-2026	Sat 06-20-2026
B R E A K F A S T	Sausage Potato Bake Fresh Fruit 100% Juice Whole Grain Toast	Cinnamon French Toast Bacon Fresh Fruit 100% Juice	Bacon Cheese Omelet Hash Browns Fresh Fruit 100% Juice	Poppy Seed Muffin Egg of Choice Fresh Fruit 100% Juice	Homestyle Pancakes Sausage Link Fresh Fruit 100% Juice	Biscuit Breakfast Sandwich Yogurt Fresh Fruit 100% Juice	Belgian Waffle Egg of Choice Fresh Fruit 100% Juice
L U N	Brown Sugar Meatloaf Steamed Red Potatoes Seasoned Cauliflower Baked Roll Ice Cream	Garlic Lime Chicken Baked Potato Corn Baked Roll White Cake	Herb Seasoned Pork Roasted Sweet Potatoes Fresh Fruit Normandy Blend Baked Roll Chocolate Pudding	Hamburger Steak and Onions Parsley Seasoned Potatoes Glazed Baby Carrots Baked Roll Pear Cobbler	Baked Chicken Thigh Classic Macaroni Salad Green Beans Baked Roll Banana Sheet Cake	Lemon Baked Fish Garlic Herb Mashed Potatoes Oven Roasted Broccoli Baked Roll Homemade Cookie	Steak Fajita Spanish Rice Sautéed Zucchini Baked Roll Sopapillas
D I N	Classic Turkey Sandwich Chips Fruit Cocktail Three Bean Salad Whipped Jello	Classic Stuffed Bell Peppers Baked Roll Mixed Vegetables Assorted Fruit	Grilled Cheese Sandwich Crackers Grapes Soup Du Jour Peaches	Tuna Salad Sandwich French Fries Mandarin Oranges Garden Green Salad Chips	Hamburger Casserole Fresh Fruit Salad Mixed Vegetables Baked Roll	Pepperoni Pizza Melon Salad Sautéed Mushrooms Mozzarella Garlic Bread	Grilled Chicken Sandwich Apple Slices Green Salad
Milk offered at every meal							Week 5

Dietitian's Signature:

Gioia Walsh
4-1-26 # 997564



	Sun 06-21-2026	Mon 06-22-2026	Tue 06-23-2026	Wed 06-24-2026	Thu 06-25-2026	Fri 06-26-2026	Sat 06-27-2026
B R E A K F A S T	Maple Oatmeal Fresh Fruit Egg of Choice 100% Juice Whole Grain Toast	Sausage Scramble Fresh Fruit 100% Juice Whole Grain Toast	Blueberry Pancakes Egg of Choice Fresh Fruit 100% Juice	Skillet Eggs with Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Baked Cinnamon French Toast Fresh Fruit Egg of Choice 100% Juice	Baked Omelet Fresh Fruit 100% Juice Whole Grain Toast	Deluxe Waffle Breakfast Ham Fresh Fruit 100% Juice
L U N	Beef Patty with Mushroom Sauce Fresh Cooked Yams Green Beans Baked Roll Homemade Cookie	Oven Fried Chicken Hot Potato Salad Honey Roasted Carrots Baked Roll Texas Sheet Cake	BBQ Glazed Meatballs Herb Mashed Potatoes Sautéed Summer Squash Baked Roll Cherry Cobbler	Roasted Pork Baked Sweet Potato Grilled Asparagus Baked Roll Sherbet Dessert	Chicken Breast with Gravy over Noodles Baked Acorn Squash Baked Roll Fresh Fruit	Crispy Garlic Panko Fish Scalloped Potatoes Parmesan Green Beans Baked Roll Peach Crisp	Herb Roasted Turkey Homestyle Stuffing Brussels Sprouts Baked Roll Carrot Cake
D I N	Egg Salad Sandwich Chips Cantaloupe Green Salad Ice Cream	Bean and Cheese Burrito Pineapple Chunks Guacamole Tortilla Chips and Salsa	Classic Chicken Salad French Fries Watermelon Vegetables with Ranch Dip Fresh Fruit	Cheeseburger Chips Mandarin Oranges Vegetable Medley Yogurt	Grilled Turkey Cheddar Sandwich Mixed Fruit Medley Glazed Carrots Steak Fries Ice Cream	Spaghetti with Marinara Meat Sauce Pears Light Summer Salad Garlic Bread	Breadcrumbs Chicken Tenders Strawberries Sweet Slaw Buttermilk Biscuits
Milk offered at every meal							Week 1

Dietitian's Signature:

Gioia Walsh
4-1-26 # 997564



	Sun 06-28-2026	Mon 06-29-2026	Tue 06-30-2026	Wed 07-01-2026	Thu 07-02-2026	Fri 07-03-2026	Sat 07-04-2026
B R E A K F A S T	Breakfast Sausage Taqitos Hash Browns Fresh Fruit 100% Juice	Blueberry French Toast Bake Egg of Choice Fresh Fruit 100% Juice	Egg and Ham Wrap Hash Browns Fresh Fruit 100% Juice	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Cheesy Scrambled Eggs Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Bacon Fresh Fruit 100% Juice	English Muffin Breakfast Sandwich Fresh Fruit 100% Juice
L U N	Mississippi Beef Mashed Red Potatoes Baby Carrots Baked Roll Banana Pudding	Kielbasa and Kraut Penne Pasta Capri Blend Baked Roll Cinnamon Coffee Cake	Pork Chop with Onions Roasted Rosemary Potatoes Herbed Corn Baked Roll Apple Cobbler	Turkey with Lemon Thyme Sauce Buttered Noodles Green Beans Baked Roll Bread Pudding	Apple BBQ Pulled Pork Glazed Sweet Potatoes Grilled Zucchini Baked Roll Chocolate Cream Pie	Chicken Tenders Lemon Rice Sauteed Spinach Baked Roll Peach Angel Food Cake	Balsamic Tomato Glazed Meatloaf Parmesan Roasted Potatoes Vegetable Medley Baked Roll Cheesecake
D I N	Ham and Cheese Macaroni Bake Select Apple Salad Steamed Broccoli Breadsticks	Garlic Roast Beef Sandwich Honeydew Grilled Tomatoes Oven Fried Potatoes	Baked Chicken on Rice Pears Light Caesar Salad French Bread	Grilled Tuna Sandwich Cantaloupe Creamy Cucumber Salad Tater Tots	Skillet Beef and Potatoes Jello Salad Fresh Cooked Carrots Cornbread Muffin	Grilled Cheese Sandwich Fresh Fruit Cup Cream of Vegetable Soup Chips	Southwest Shredded Pork Tacos Grapes Mexicali Corn Savory Rice
Milk offered at every meal							Week 2

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Gioa Walsh
4-1-26 # 997564